



# NEWSLETTER

## August 2016

### 2016 AFKTF AWARDS BANQUET

The 2016 American Filipino Kun Tao Federation Awards Banquet is our most important yearly event. The event takes place every year at the Grand

continue our bond with the other Federation Schools, but most importantly we get to recognize individuals who excelled during this past year.

there. Tickets have been on sale for a while now and **MUST BE PURCHASED** by August 24th, 2016. Please get your tickets ASAP from Mrs. Serrano or Ms. Azaleah Austin. Ticket prices are:

\$40 Adult members

\$45 Adult non-members

\$20 Kids members

\$25 Kids non-members

**Includes:** Buffet Dinner with varied adult entrees as well as children choices, Coffee & Dessert, Soft drinks.

***There is a cash bar available.***

We sent an envelope home for all to try and sell ads for the program book and need that back soon as well.

We thank you in advance for your cooperation and we look

As part of the requirements for their next rank, Ms. Azaleah Austin & Ms. Samantha Austin will be teaching all classes on Aug 17th and Aug 24th.

***We expect all students to attend as usual.***



Oak Villa in Oakville and will be held on Sunday, September 11th, 2016 from 5 pm to 10 pm. We understand it is a school night and we are normally done by 9—9:30pm.

During this event we not only

It's also a great opportunity for out families to learn more about this great organization that your children are part of.

It is very important to have everyone attend and we ask you to make every effort to be

### ECTS SHINES AT THE NORTH EAST OPEN CHAMPIONSHIPS



Lisa, Mrs. Serrano, Master Serrano, Tracy, Guido & Sophia.

We are so proud of our competitors at the North East Open Championships in Albany, NY. This was truly a great event and our students demonstrated great skill.

Mrs. Daniele Serrano place 1st in Power Concrete Elbow, Tracy DiGiovancarlo place 1st in Self-Defense, Lisa Mingione-Belcher beat her own personal best in

Power Concrete Foot, Sophia Serrano took home 2 1st places: Creative Breaking and Power Wood Foot, and Angelo DiGiovancarlo place 1st in Power Wood Foot.

All showed great team work and we couldn't be prouder!

We hope to have more members of our Team join us and attend next year. Go ECTS!!!!



## ECTS ON THE NEWS....TWICE THIS MONTH!

We made Fox 68 News two times this month : The first time was because of Master Drew Serrano and Sophia Serrano's wins at the U.S. Open Martial Arts Championships in Orlando Florida. Reporter Tim Altman came to the studio to interview the two champions and really focused on Sophia. They also had the "Serrano Family" show some breaking as well as showing our students who came down to film during the interview: Arianna and Gianna Bush, Desiree Gottibowski and Joshua Rodriguez. Thank you all for coming in early that morning to help out!

We also made the news the following week, however, this time to teach some self-defense techniques for joggers after the killing of two female joggers, one in Massachusetts and one in Queens, NY.

Reporter Katie Corrado demonstrated some self-defense skills with Master

Serrano as well as giving some tips on how to be safe when you jog alone. Fox 68 news contacted us because of the work we do in partnership with Jane Doe No More.

We encourage all females ages 12 and older to take advantage of the FREE Escape Alive Classes offered throughout the state and taught by our very own



team.

Go to [escapealive.net](http://escapealive.net) to learn more and to register for a Free upcoming class.

### Upcoming Escape Alive Classes:

**Friday August 26**  
**5pm to 9pm**  
**Hartford, CT**

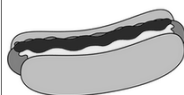
**Saturday, September 24th**  
**12 pm to 4 pm**  
**Watertown, CT**

## AFKTF PICNIC REESCHEDULED

The AFKTF Picnic has been rescheduled to August 28th, 2016 from 10:30 to 3:30 pm at Tracy DiGiovancarlo's house: 179 Woodbine Street, Waterbury.



Anyone who has paid already and cannot go on that day will have their payment reimbursed (speak to Mrs. Serrano). Anyone else who would like to attend, please confirm and pay ASAP so we can make sure we have enough food for



everyone. Family and friends are invited and the cost is \$5/per person or \$25 for a family (immediate family only, grandparents, cousins, friends, etc...\$5 extra).

Included: Hot Dogs, Hamburgers and Water. Please bring a side dish to share with other guests if you'd like (please let us know what you're bringing so we don't have too many of the same items.

Bring a cooler with any other drinks you would like for your family only.

We will organize some games with the kids.

We are looking forward to seeing you all there! Contact Mrs. Serrano to sign up.



# We thank you for choosing



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